



**Welcome!**

# **Adults & Seniors**

July & August, 2026

Programming Info

PRINCE GEORGE  
**Public Library** 

## AGE RANGES

### Adults:

19+

### Seniors:

55+

### Families:

Adults attend with a child (0–18).

### All Ages:

Adults may attend alone; children (0-18) must attend with an adult.

Age ranges are a helpful guide but we know every individual has various interests. Sometimes, a program designed for one age range may be of interest to another. If you're not sure whether an exception can be made, simply let us know and we will work with you to make the program experience feel right.

Please contact the Adult Engagement Librarian at 250-563-9251 ext. 206 prior to the program to coordinate accommodations.

**Welcome to the Prince George Public Library!**

## KNOWLEDGE GARDEN



The Knowledge Garden is a reading garden and performance space located between the Bob Harkins Branch and the Prince George Civic Centre.

The Knowledge Garden is open from 10:15am Monday through Saturday, and closes approximately 30 minutes before the library closes.



## ADULT SUMMER CHALLENGE

Dive into a sea of fun this summer by completing weekly challenges between July 5th and August 22nd and earn ballots that will be entered into our prize draws!

Summer Challenge Booklets can be picked up at either branch of the library and contain all of the rules and guidelines, or you can check out our website for more info. Winners will be selected randomly from each week's entries. Good luck!

Ages 19+ | Prize draws on Tuesdays  
**July 5 to Aug 22**



## MEDITATION CIRCLE

Join us for a community meditation circle facilitated by PGPL staff. Please note that while staff leading the program practice meditation, they are not certified instructors.

\*July dates are self-led, August dates are staff-led.

Ages 19+ | Free drop in  
Fridays | **Jul 3, 17 & Aug 7, 21**  
12:30 - 1:30 pm  
Nechako Branch, in the Hart

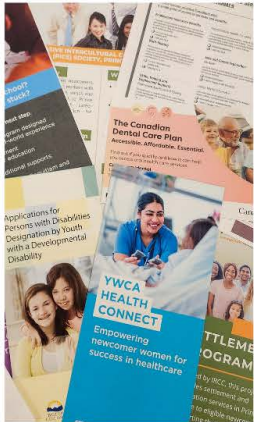


## CRAFT & CHAT

Work on your knitting, crochet, or other fibre arts project while enjoying snacks and socialization with other enthusiasts! In partnership with Great Northwest Fibre Fest.

Ages 19+ | Free drop in  
Saturdays | **Jul 4 to Aug 29\***  
1:00 - 3:00 pm  
Bob Harkins Branch, downtown  
\*Please join us in the Keith Gordon Room for the Yarn Swap and Knitting Social on August 15





## COMMUNITY SERVICES TABLE

Connect with a variety of organizations for help with getting your Government ID, applying for financial supports, accessing legal information, and more. No appointments, no lines!

Ages 19+ | Free drop in  
 Tuesdays | **Jul 7, 21 & Aug 4, 18**  
 2:00 - 4:00 pm  
 Bob Harkins Branch, downtown



## CHRONIC CONDITIONS SUPPORT GROUP

Do you feel alone in your journey with chronic pain and would like to share experiences with others who are facing the same challenges? Our Chronic Conditions Support Group is a community social group where people with any chronic condition can come together to socialize, connect, and learn from each other.

Ages 19+ | Free drop in  
 Tuesdays | **Jul 7 & Aug 4**  
 1:00 - 2:00 pm  
 Nechako Branch, in the Hart



## DICE & DESTINY

Join us for our monthly Dungeons & Dragons Night! This event is exclusively for adults, perfect for seasoned adventurers and complete beginners alike. Campaigns and character creations are drop in friendly.

Ages 19+ | Free limited drop in  
 Wednesdays | **Jul 8 & Aug 5**  
 5:00 - 7:30 pm  
 Bob Harkins Branch, downtown



## BETTER LATE THAN NEVER LAUNCH

The "Better Late Than Never Launch" celebrates Rikki Holland's "Maggot Girl" and Damon Robinson's "Putting the Dog to Sleep" poetry collections after their official publishing date has passed. We hope you will join us to keep momentum going for these marvelous books that never had an official launch! Books will be available for purchase at this event.

Ages 19+ | Free drop in  
 Thursday | **Jul 9**  
 6:00 - 7:30 pm  
 Bob Harkins Branch, downtown



## CHAIR YOGA

Join Vernaye for a gentle, accessible yoga class focused on strength, mobility, balance, and relaxation. Classes include mindful breathing, forward folds, side stretches, backbends, and twists. This class includes sitting poses, standing poses with a wall or chair support, and some mat work.

Ages 19+ | Free drop in  
 Fridays | **Jul 10, 24 & Aug 7**  
 12:30 - 1:30 pm  
 Bob Harkins Branch, downtown





## STITCH & SOCIAL

Work on your knitting, crochet, or other crafting project while socializing with other enthusiasts in the Hart!

Ages 19+ | Free drop in  
Saturdays | **Jul 11, 25 & Aug 8, 22**  
1:00 - 3:00 pm  
Nechako Branch, in the Hart



## TECHNOLOGY HELP DESK

Bring your device and get assistance with how to use it securely, potential repairs, clearing confidential data, and extending the life of the technology you already have. In partnership with Northern IT Solutions.

Ages 19+ | Free limited drop in  
Saturdays | **Jul 11, 25 & Aug 8, 22**  
1:00 - 2:00 pm  
Bob Harkins Branch, downtown



## NALOXONE TRAINING

Join harm reduction staff from Northern Health and learn how to use Naloxone correctly. Free kits will be available to take after the training. In partnership with Moms Stop The Harm and Northern Health.

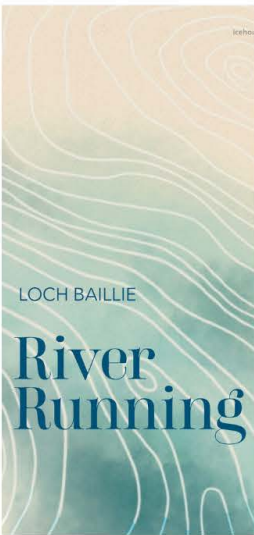
Ages 19+ | Free drop in  
6:00 - 7:30pm  
Bob Harkins Branch, downtown -  
Tuesday, **Jul 14**  
Nechako Branch, in the Hart -  
Thursday, **Aug 13**



## ESL SUPPORT

Enhance your English conversation skills with personalized support. Call 250-563-9251 ext. 100 to book a 45 minute session for yourself or a small group (up to 5).

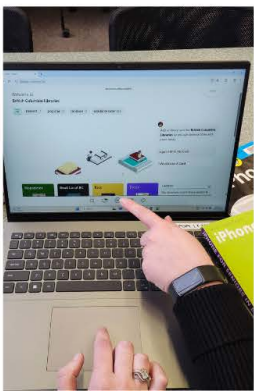
Ages 19+ | Free limited registration  
Thursdays | **Jul 16, 30 & Aug 13, 27**  
6:00 - 7:45 pm  
Bob Harkins Branch, downtown



## RIVER RUNNING BOOK LAUNCH

Come join Loch Baillie at his first book launch in Northern BC! Raw and confessional, River Running dives gracefully into the intangible concept of home, be it person or place. Featuring readings from Baillie and local authors Gillian Wigmore, Raegan Cote, and Kiara Mills. Books will be available to purchase at this event.

Ages 19+ | Free drop in  
Saturday | **Jul 18**  
3:00 - 4:30 pm  
Bob Harkins Branch, downtown



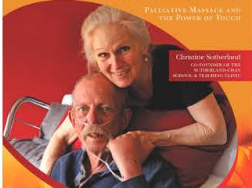
## 1-ON-1 TECH HELP

Bring in your computer, tablet, or other digital device and get personalized help from our friendly staff! Call 250-563-9251 ext. 100 to book your free 30 minute appointment.

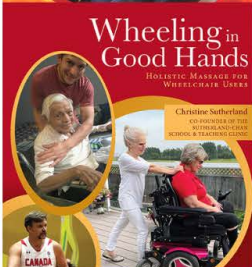
Ages 19+ | Free registration  
Wednesdays, Nechako Branch  
Fridays, Bob Harkins Branch



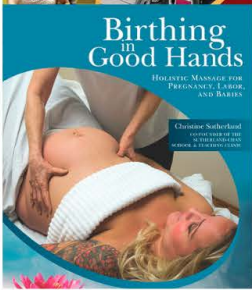
**Dying in Good Hands**  
PALLIATIVE MASSAGE AND THE POWER OF TOUCH



**Wheeling in Good Hands**  
HOLISTIC MASSAGE FOR WHEELCHAIR USERS



**Birthing in Good Hands**  
HOLISTIC MASSAGE FOR PREGNANCY, LABOR, AND BIRTH



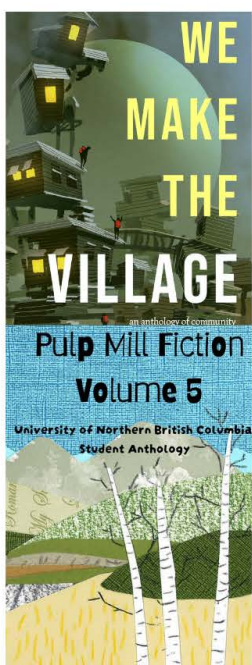
**AUTHOR TALK:  
 CHRISTINE SUTHERLAND**

Learn about caring for your loved ones at various stages of life with Christine Sutherland. There will be two sessions, one which will focus on Palliative and Wheelchair care and one for Maternity. Both sessions will contain hands-on massage instruction, clips of her videos, and stories shared by Christine. Best learnt with your caregiver or maternity team for the most practical experience.

12:00-2:00p.m. - Dying in Good Hands and Wheeling in Good Hands

2:30-4:00p.m. - Birthing in Good Hands

Ages 19+ | Free drop in  
 Saturday | **Jul 25**  
 12:00 - 4:00 pm  
 Bob Harkins Branch, downtown



**PULP MILL FICTION VOL. 5 &  
 WE MAKE THE VILLAGE BOOK  
 LAUNCH**

Join us to celebrate the fifth volume of UNBC's student anthology, Pulp Mill Fiction, and Winter Jewel Publishing's "We Make the Village" in this dual-launch. There will be featured readings from authors in both anthologies, making for a wide-ranging night of poetics, fiction, and non-fiction performances! Books will be available for purchase at this event.

Ages 19+ | Free drop in  
 Tuesday | **Jul 28**  
 6:00 - 7:30 pm  
 Bob Harkins Branch, downtown



## MYCOMAP BC: HOW DNA IS REVEALING BRITISH COLUMBIA'S HIDDEN FUNGAL DIVERSITY

Help improve our understanding of BC mushrooms! Join Elora Adamson, coordinator of MycoMap BC, for an introduction to the project and information on how to contribute. MycoMap BC is a new project that uses community science and DNA sequencing to map fungal biodiversity across the province.

Participation is open to all, with no mycological expertise required.

Participation from those in Central and Northern BC is especially valuable due to the relative lack of data in those areas. Join us to learn more about it!

Ages 19+ | Free drop in  
Saturday | **Aug 1**  
3:00 - 4:30 pm  
Bob Harkins Branch, downtown



## IT'S EASY BEING GREEN

In partnership with REAPS, this series of programs is designed to teach you new ways you can waste less and save money!

August 6 – DIY: Skin care products from food

Ages 19+ | Free drop in  
Thursday | **Aug 6**  
6:30 - 7:30 pm  
Bob Harkins Branch, downtown





## PG CHESS OPEN TOURNAMENT

Calling all chess players! Come test out your chess skills against other players during this Rapid format tournament of 10 minutes. Participation is free and open to all ages and skills levels. Prizes for the top 3 winners!

Call 250-563-9251 ext. 100 by Wednesday, August 5 at 7:30p.m. to register. Drop-ins are not guaranteed a spot. Space is limited to 40 spots.

In collaboration with the Prince George Chess Club.

All ages | Free registration

Saturday | **Aug 8**

**Check-in:** 11:30 am - 12:00 pm

**Tournament:** 12:00 - 4:00 pm

Bob Harkins Branch, downtown



## GOVERNMENT SERVICES DROP-IN CLINIC

Join Service Canada, CRA and the Ministry of Social Development and Poverty Reduction and get individual assistance with a variety of government programs!

Ages 19+ | Free limited drop in

Monday | **Aug 10**

10:00 am - 12:00 pm

Bob Harkins Branch, downtown



## UKULELE JAM

Beginner-friendly ukulele jam session.  
PGPL staff-led; materials provided.

Ages 19+ | Free drop in  
Tuesdays | **Aug 11, 25\***

4:30 - 5:30 pm

Bob Harkins Branch, downtown

\*No Ukulele Meet Up for Jul/Aug



## YARN SWAP AND KNITTING SOCIAL

Bring your unused, high-quality yarn and swap it with other crafters, then work on your unfinished fibre arts projects at the knitting social. In partnership with 2026 Great Northwest Fiberfest.

You may donate yarn at the Bob Harkins Branch from August 10-14, 2026.

Ages 19+ | Free drop in  
Saturday | **Aug 15**

10:00 am - 4:00 pm

Bob Harkins Branch, downtown



## TOUCH A TRUCK

Touch a Truck is back to wrap up the 2026 Summer Reading Club! Come to Canada Games Plaza to meet all your favourite vehicles and things that go vroom! Enjoy BBQ hot dogs by donation.

Thank you to Integris, PG Tourism and Save-On-Foods for their generous support.

All ages | Free drop in  
Friday | **Aug 21**

11:00 am - 3:00 pm

Bob Harkins Branch, downtown





## THE GREAT PGPL PAPER AEROPLANE CHALLENGE!

Help us give old library brochures a second life in our paper aeroplane challenge! Fold, experiment, decorate and launch your creation toward our runway target as you aim for the perfect landing.

A fun, all-ages event celebrating creativity, problem-solving and sustainability. Perfect for kids, teens, adults and anyone who loves hands-on fun and creative challenges.

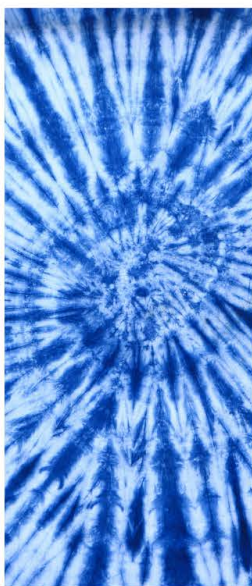
No pilot's licence required!

All ages | Free drop in

Friday | **Aug 21**

12:00 - 2:00 pm

Bob Harkins Branch, downtown



## ARTFUL ESCAPE: ADIRE TIE DYE

Join us for a vibrant, hands-on experience where you'll create your own colorful tie-dye masterpiece inspired by Nigerian Adire traditions. Let your imagination run wild while discovering the rich cultural stories behind this beautiful art form!

Thank you to Prince George Sewing Centre for the generous donation of dye!

Ages 19+ | Free drop in

Saturday | **Aug 22**

2:00 - 4:00 pm

Bob Harkins Branch, downtown



## REPAIR CAFE

Join the Eco-Living Community for their Repair Café! Bring your small appliances, textiles, or other items in need of repair and get support plus assistance from volunteers and repair enthusiasts.

Participants are encouraged to pre-register and will be prioritized over drop-ins. You can register for the Repair Cafe here:



Ages 19+ | Free registration

Saturday | **Aug 29**

2:00 - 4:00 pm

Bob Harkins Branch, downtown

## SUDOKU

Each 3×3 block, vertical column or horizontal row on Sudoku grid contain numbers from 1 to 9. Each number can be used only once within 3×3 block, vertical column or horizontal row.

					<b>4</b>	<b>5</b>	<b>1</b>	
<b>2</b>			<b>8</b>				<b>3</b>	
	<b>3</b>							
<b>5</b>	<b>4</b>							
<b>8</b>				<b>4</b>	<b>7</b>		<b>6</b>	<b>9</b>
				<b>2</b>	<b>8</b>			
						<b>7</b>		
		<b>7</b>			<b>3</b>			
<b>6</b>			<b>1</b>				<b>5</b>	<b>2</b>





# SUMMER READING CHALLENGE DONORS



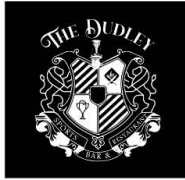
**BOOKS & COMPANY**  
"Prince George's Living Room"



CITY OF  
PRINCE GEORGE

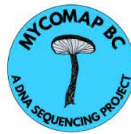


MULINO  
kitchen & craft cocktails



**OVERhang**  
Outdoor Vertical Education & Recreation

## PARTNERSHIPS



**REAPS**  
RECYCLING & ENVIRONMENTAL  
ACTION PLANNING SOCIETY



Canada Revenue  
Agency

Agence du revenu  
du Canada





The Prince George Public Library respectfully acknowledges the unceded ancestral lands of the Lheidli T'enneh, on whose land we live, work, and play.

### **Bob Harkins Branch, downtown**

888 Canada Games Way,  
Prince George, BC V2L 5T6

### **Nechako Branch, in the Hart**

6547 Hart Highway,  
Prince George, BC V2K 3A4

## **HOURS**

### **Bob Harkins Branch, downtown:**

**Mon:** 10:00am - 6:00pm

**Tues - Thurs:** 10:00am - 8:00pm

**Fri:** 10:00am - 6:00pm

**Sat:** 10:00am - 5:00pm

**Sun:** 12:00pm - 4:00pm\*

### **Nechako Branch, in the Hart:**

**Mon - Weds:** 10:00am - 6:00pm

**Thurs:** 10:00am - 8:00pm

**Fri:** 10:00am - 6:00pm

**Sat:** 10:00am - 5:00pm

**Sun:** CLOSED

\*The Bob Harkins Branch will be **closed** on Sundays from **May 17** to **Sep 6**.

**Both branches are also closed on:**  
Wednesday, **July 1** & Monday, **August 3**

## **CONNECT**

email: [ask@pgpl.ca](mailto:ask@pgpl.ca)

phone: 250-563-9251, ext 100

website: [www.pgpl.ca](http://www.pgpl.ca)

## **Accessibility**

Our branches are fully accessible. Bob Harkins Branch has an elevator; Nechako Branch is on one level. If you have any questions about accessibility or need accommodations, please contact us.

**ALL PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE**

Visit [www.pgpl.ca/events](http://www.pgpl.ca/events) for most current details